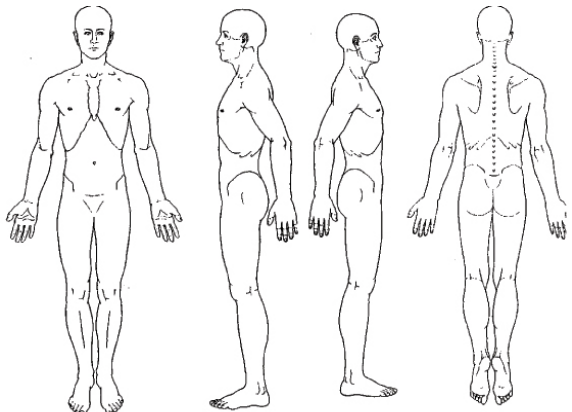


## New Patient Health Information

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Gender: F / M BirthDay: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Email: \_\_\_\_\_ Tel: (\_\_\_\_) \_\_\_\_\_ Occupation: \_\_\_\_\_  
 Marital Status: ☐ Single ☐ Married ☐ Divorced ☐ Widowed Hight: \_\_\_\_\_ Weight: \_\_\_\_\_  
 What trouble bothers you most today and How long it has been \_\_\_\_\_

Please check any of the following as you feel are significant to you:

<input type="checkbox"/> Pain: <u>Yes/No</u>	Level: <u>/10</u>	Location
		
<input type="checkbox"/> Migraine headache <input type="checkbox"/> Tension Headache <input type="checkbox"/> Cold / Flu / Bronchitis/ Pneumonia <input type="checkbox"/> Sore Throat / Cough <input type="checkbox"/> Hay fever / Allergies <input type="checkbox"/> Asthma <input type="checkbox"/> Sinusitis <input type="checkbox"/> Nose bleed frequently <input type="checkbox"/> Tongue Sores		

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Lack of thirst/forget to drink    | <input type="checkbox"/> Easy thirst / Dry Mouth / Dry Throat   | <input type="checkbox"/> Nausea                       |
| <input type="checkbox"/> Poor or No appetite               | <input type="checkbox"/> Good appetite  | <input type="checkbox"/> Bad Breath                   |
| <input type="checkbox"/> Bloating / Indigestion            | <input type="checkbox"/> Acid reflux  | <input type="checkbox"/> Abdominal Pain /Cramp/ ulcer |
| <input type="checkbox"/> Bowel Movement _____times/____day | <input type="checkbox"/> hard/ <input type="checkbox"/> soft / <input type="checkbox"/> Normal / <input type="checkbox"/> loose | <input type="checkbox"/> Hemorrhoid                   |
| <input type="checkbox"/> Incontinence of Urine             | <input type="checkbox"/> Frequent Urination   | <input type="checkbox"/> Kidney Stones                |
| <input type="checkbox"/> Cloudy / Bubbling Urine           | <input type="checkbox"/> Painful Burning Urination  | <input type="checkbox"/> Night Urine _____times       |

- 
- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Diabetes                         | <input type="checkbox"/> Dizziness / Vertigo / Ringing Ear | <input type="checkbox"/> Drinking or Drug |
| <input type="checkbox"/> High Blood Pressure              | <input type="checkbox"/> Hepatitis                         | <input type="checkbox"/> HIV/ AIDS        |
| <input type="checkbox"/> Palpitation/ irregular heartbeat | <input type="checkbox"/> Edema / Water retention           |   |

- ☐ Color Blind
 ☐ Motion Sickness / Car Sick / Seasick
 ☐ Dry Eyes  
☐ Eczema / Acne / Skin Eruptions
 ☐ Skin Tag on neck
 ☐ Hair Loss  
☐ Brittle Nails
 ☐ Fatty Modules under skin  
☐ Difficult to gaining Weight
 ☐ Difficult to lose weight  
 Energy Level: \_\_\_\_\_/10      Body feel
 ☐ always hot    /get chills easily
 ☐ Cold hand and feet  
 My body accepts more on
 ☐ Winter season      ☐ Summer Season

- ☐ Insomnia
 ☐ Sleeping too much
 ☐ Night Sweats  
☐ Anxiety /Depression/ Worry
 ☐ ADD / ADHD

### Men

- ☐ Potency Issue      ☐ Prostatitis      ☐ Fertility Issues

### Female

Birth History: Pregnancies\_\_\_\_ Births:\_\_\_\_ Miscarriages:\_\_\_\_ Abortions\_\_\_\_

Menopause:

☐ Yes

Menopause: No

Age when period begin \_\_\_\_\_ Duration of flow /days \_\_\_\_\_

Is your cycle regular? ☐ Yes/☐ No

Date of last Period:\_\_\_\_\_ Do you think you are pregnant right now? No\_\_\_\_

Difficulties during period : ☐ Excessive flow ☐ Less flow ☐ Cramps ☐ Clots

☐ Breast Distension ☐ Emotional Change

Any other than above, please describe: \_\_\_\_\_

Family History: \_\_\_\_\_

Please list medicine you are taking: \_\_\_\_\_

Have you have any surgery & Date: \_\_\_\_\_

How do you know about this clinic? \_\_\_\_\_

If you know us from Groupon, please write down the groupon number: \_\_\_\_\_

Abundant Blessing Acupuncture & Herbs

299 W Hillcrest Dr, Ste 206, Thousand Oaks, CA, 91360

Tel: (805) 432-4936

## New Patient Intake Form

File No: \_\_\_\_\_

Patient's Name: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Chief Complaint: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Physical Exam: Heart Rate: \_\_\_\_BPM Heart Rhythm: Normal/Abnormal BP: \_\_\_\_/\_\_\_\_mmHg

Tongue Body: Pale/ Pink/ Red/ dark Red/ Purple/ Blue

Coating: White/ Yellow/ Gray/ Black/ Half in Center or Side /Thin/ Thick/ Dry/ Slippery/ Greasy/ Scanty/ Graphic

Shape: Stiff / Cracked/ Swollen in Side Center Half /Tooth-marked/ Ulcerate/ Flabby/ Thin/ Narrow

Pulse: Lt: \_\_\_\_\_ Rt: \_\_\_\_\_

Superficial Deep Slow Rapid Deficient Excess Surging Thready Abrupt

Hesitant Tense Soft Weak Moderate Knotted Intermittent Rolling String-taut

TCM Diagnosis: \_\_\_\_\_

Treatment Principles: \_\_\_\_\_

Acupuncture Treatment: \_\_\_\_\_

\_\_\_\_\_

(Technique: Tonify: - Sedating:  $\neg$  Moxa:  $\triangle$  Electro: E TuiNai: T Cupping: C)

Herbal Treatment: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Recommendations: \_\_\_\_\_

\_\_\_\_\_

## Abundant Blessing Acupuncture & Herbs

299 W Hillcrest Dr, Ste 206, Thousand Oaks, CA, 91360

Tel: (805) 432-4936

### Cash Patient Service Fees:

Acupuncture Treatments	Initial	\$120
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Follow Up \$90

5 Treatments \$350

MicroNeedling /Facial Acupuncture \$120

Cupping/Moxa Only \$40.

Herb \$15 -- 50/week

Cancellation fee \$30 if fail to notice at least 2 hours before appointment

Patient Name:

[illegible]

## Abundant Blessing Acupuncture & Herbs

4165 Thousand Oaks Blvd, Ste 150, Westlake Village, CA, 91362

Tel: (805) 432-4936

### Cash Patient Service Fees:

Acupuncture Initial Consultation \$30 Treatment \$90 5 Treatments \$400 8 Treatments \$560  
 MicroNeedling /Facial Acupuncture \$120 Cupping/Moxa Only \$40. Herb \$15 -- 50/week  
 NeuroFeedback 120/ Session \$1000 for 10 Sessions  
 Cancellation fee \$30 if fail to notice at least 2 hours before appointment

Patient Name:

[illegible]

## NOTICE OF PRIVACY PRACTICES

This Notice of Privacy Practices describes how we may use and disclose your protected health information to carry out treatment, payment or health care operations and for other purposes that are permitted or required by law. It also describes your rights to access and control your protected health information. "Protected health information" is information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services.

### **1. USES AND DISCLOSURES OF PROTECTED HEALTH INFORMATION**

Your protected health information may be used and disclosed by your physician, our office staff and others outside of our office who are involved in your care and treatment for the purpose of providing health care services to you. Your protected health information may also be used and disclosed to pay your health care bills and to support the operation of your physician's practice.

Following are examples of the types of uses and disclosures of your protected health information that your physician's office is permitted to make. These examples are not meant to be exhaustive, but to describe the types of uses and disclosures that may be made by our office.

**Treatment:** We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with another provider. For example, we would disclose your protected health information, as necessary, to a home health agency that provides care to you. We will also disclose protected health information to other physicians who may be treating you.

**Health Care Operations:** We may use or disclose, as needed, your protected health information for our physician's practice. For example, but are not limited to,  
quality assessment activities,  
employee review activities,  
training of medical students, licensing  
billing or transcription services

Whenever an arrangement between our office and a business associate involves the use or disclosure of your protected health information, we will have a written contract that contains terms that will protect the privacy of your protected health information.

We may use or disclose your protected health information in the following situations without your authorization or providing you the opportunity to agree or object. These situations include:

**Required By Law:** We may use or disclose your protected health information to the extent that the use or disclosure is required by law. The use or disclosure will be made in compliance with the law and will be limited to the relevant requirements of the law. You will be notified, if required by law, of any such uses or disclosures.

**Public Health:** We may disclose your protected health information for public health activities and purposes to a public health authority that is permitted by law to collect or receive the information. For example, a disclosure may be made for the purpose of preventing or controlling disease, injury or disability.

**Communicable Diseases:** We may disclose your protected health information, if authorized by law, to a person who may

have been exposed to a communicable disease or may otherwise be at risk of contracting or spreading the disease or condition.

**Workers' Compensation:** We may disclose your protected health information as authorized to comply with workers' compensation laws and other similar legally-established programs.

## **2. YOUR RIGHTS**

Following is a statement of your rights with respect to your protected health information and a brief description of how you may exercise these rights.

**You have the right to inspect and copy your protected health information.** This means you may inspect and obtain a copy of protected health information about you for so long as we maintain the protected health information. You may obtain your medical record that contains medical and billing records and any other records that your physician and the practice uses for making decisions about you. As permitted by federal or state law, we may charge you a reasonable copy fee for a copy of your records.

**You have the right to request a restriction of your protected health information.** This means you may ask us not to use or disclose any part of your protected health information for the purposes of treatment, payment or health care operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in this Notice of Privacy Practices. Your request must state the specific restriction requested and to whom you want the restriction to apply.

## **3. COMPLAINTS**

You may complain to us or to the Secretary of Health and Human Services if you believe your privacy rights have been violated by us. You may file a complaint with us by notifying our Privacy Officer of your complaint. We will not retaliate against you for filing a complaint.

You may contact our Office at (805)432-4936 for further information about the complaint process.

## **4. Acupuncture SAFETY**

Acupuncture is performed by insertion needles through the skin, or by the application of heat to the body in an attempt to treat bodily dysfunctions or diseases, to body's physiological functions. Side effects include but not limited to, some local bruising, minor bleeding, fainting, temporary pain or discomfort, and the possibly temporary aggravation of symptoms existing prior to acupuncture treatment.

**Payment:** Your protected health information will be used and disclosed, as needed, to obtain payment for your health care services provided by us or by another provider. This may include certain activities that your health insurance plan may undertake before it approves or pays for the health care services we recommend for you such as: making a determination of eligibility or coverage for insurance benefits, reviewing services provided to you for medical necessity.

### **Cash Patient Fees:**

Acupuncture Treatments	Initial \$120	Follow Up \$90	5 Treatments \$350
MicroNeedling /Facial Acupuncture	\$120	Cupping/Moxa Only \$40.	Herb \$15 -- 50/week
Cancellation fee \$30 if fail to notice at least 2 hours before appointment			

This notice was published and becomes effective on **June 1, 2011.**

Patient Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_